



The self-injection guide for

PEGASYS[®]
(Peginterferon alfa-2a)
Prefilled Syringe

This guide contains the patient self-injection procedure for the PEGASYS® (Peginterferon alfa-2a) Prefilled Syringe. It is not meant to offer instruction for the administration of any other type of medication nor replace discussions with your doctor or other healthcare provider. Please consult your primary healthcare provider if you have any questions.

The phases of self-injection

PHASE 1: Before you inject

PHASE 2: Injecting PEGASYS

PHASE 3: Cleaning up

PHASE 1: Before you inject

Keep it cool

- PEGASYS must be kept in the refrigerator (36°-46°F/2°-8°C), but never frozen. Avoid exposing PEGASYS to direct sunlight

Choose a setting

- Find a clean, comfortable area
- Have all medical supplies within reach

Make sure your PEGASYS Prefilled Syringes Monthly Convenience Pack contains the following items:

- 4 syringes filled with medicine
- 4 needles
- Alcohol pads

Before you begin, you'll need (see visual A)

- 1 PEGASYS Prefilled Syringe
- 1 needle with needle guard
- A puncture-resistant container (sharps container)
- Alcohol pad

Always inspect the content inside the syringe.

DO NOT use PEGASYS if

- Medicine is cloudy
- Medicine has particles floating in it
- Medicine is any color besides colorless or light yellow
- Expiration date has passed

Visual A



PHASE 2: Injecting PEGASYS

To ensure maximum safety and comfort, please follow these steps during the self-injection process.

- **Step 1: Warm the refrigerated medicine by gently rolling the syringe in your hands for 1 minute. DO NOT SHAKE**

- **Step 2: Wash hands with soap and warm water to prevent infection**

— Dry your hands with a paper towel and use towel to turn off faucet

- **Step 3: Attach needle to syringe**

— Remove needle from package (**DO NOT** remove the plastic cap from the needle. Keep needle covered until the time of injection)
— Remove and throw away the rubber cap on the tip of syringe
— Put needle on the end of syringe barrel so that it fits tightly (see visual B)

Visual B



CHECKPOINT: If you need to put down the syringe, make sure the plastic cap covers the needle. NEVER let the needle touch any surface.

- **Step 4: Decide where to self-inject**

— Pick a place on stomach or thigh. Avoid the navel and waistline
— Pick a different spot each time you give yourself an injection

- **Step 5: Prepare skin for injection**

— To avoid any discomfort, gently tap the area you plan to give yourself the injection
— Clean the area with an alcohol pad
— Let the skin dry for approximately 10 seconds

- **Step 6: Uncover the needle**

— Remove the plastic cap from the shield

CHECKPOINT: DO NOT REMOVE the orange needle guard attached to the syringe above the needle. It is a safety device that is intended to help protect you and others from accidental needlesticks.

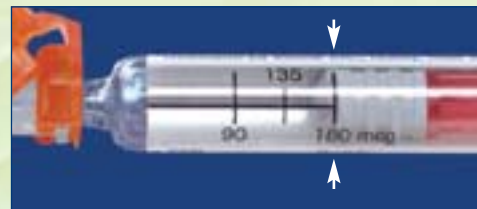
- **Step 7: Remove air bubbles from syringe**

— Hold syringe with needle pointing toward the ceiling
— Using thumb and finger, tap syringe to bring air bubbles to the top
— Press plunger in slightly to push air bubbles out of the syringe

CHECKPOINT: Depending on the dose your doctor has prescribed, you may have to drain off some of the medicine prior to injection. The syringe has markings for 180 mcg, 135 mcg, and 90 mcg (see visual C). Your doctor will tell you which mark to use.

— Once you know which mark to use, slowly and carefully push down on the red plunger rod of the syringe to push out excess medicine. Keep pushing down until edge of the plunger stopper reaches the right mark on the side of the syringe

Visual C



— DO NOT decrease your PEGASYS dose unless your doctor tells you to
— DO NOT save or reuse any medication discharged from the syringe

- **Step 8: Perform the self-injection**

— Position the point of the needle (the bevel) so it's facing up (see visual D)
— Pinch a fold of skin on stomach or thigh firmly with your thumb and forefinger (see visuals E, F)
— Hold the syringe like a pencil at a 45° to 90° angle over your skin, and in a quick motion, insert the needle as far as it will go into the pinched area of skin

Visual D



Visual E



Visual F



CHECKPOINT: Pull the plunger of the syringe back very slightly. If blood comes into syringe, the needle has entered a blood vessel. DO NOT INJECT. Withdraw needle and discard the syringe as outlined in PHASE 3 (Cleaning up). Repeat the PHASE 2 steps with a new prefilled syringe.

— If no blood appears, release your skin and slowly push the plunger all the way down so that you get all your medicine
— Pull out the needle at the same angle you inserted it. Wipe the area clean with an alcohol pad

PHASE 3: Cleaning up

Before you throw out the syringe and needle, place free end of the orange needle guard on a flat surface and push down on it until it clicks and covers the needle (see visual G). ALWAYS put used syringes and needles in a sharps container immediately after use (see visual H).

NEVER REUSE SYRINGES AND NEEDLES.

Visual G



Visual H



Please see accompanying medication guide for important safety information.

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Plandex 167204
18-002-167-223-1003

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